

Bowl Over Diabetes

The Yuba-Sutter Children's Type 1 Diabetes Support and Resource Center is celebrating its fourteenth year helping diabetics in our community!

As part of our celebration we are asking businesses in our community to help support our event. Our Bowl Over Diabetes Fundraiser will be held on Saturday, February 16. This is our seventh bowl-a-thon and we are hoping to make it a successful one! Our squad will run from 7-9 p.m. during the very popular twilight bowl, so don't forget to wear white to take full advantage of the "glow" effect.

We are selling lanes for a sponsorship of \$200.00. Nu Generation Lanes will hang your company's banner on the back wall over the lane for the event and your company will have a team of four- six players. This will be excellent advertising for your organization and is a great way to show your support for diabetics in our community!

Banners must be dropped off by Monday, February 11th to ensure they are hung for the event, but can be dropped off on Thursday, February 7th to take advantage of a full week of advertising. Proceeds from our event will stay locally to help provide resources to Type 1 and Type 2 diabetics in our community, such as free diabetes educational classes, health and nutritional resources, diabetes camp, and much more. Our fundraiser could not be possible without sponsors like you. In order to show our appreciation we will be announcing our sponsors throughout the event, as well as advertising on our Facebook page, and websites. Thank you in advance for your support.

Sincerely,

A handwritten signature in cursive script that reads "Ouida Wakefield".

Ouida Wakefield
Executive Director
Tax ID #43-2107277



Please make all checks payable to:
YSCDSG
990 Klamath Lane, Suite 1
Yuba City CA 95993

Bowl Over Diabetes

@ NU Generation Lanes & Lounge

Saturday February 16th

Proceeds will benefit the Yuba Sutter Diabetes Support & Resource Center to help keep our services free.

Entry is \$20.00 per person (includes 2 games of bowling & shoe rental) Teams of four-six players. Those unable to find a team will be paired up.

3 door prizes will be awarded for Best Team Spirit, Best Team Shirt (White for "glow" effect) and Best Score.

We are selling lanes for \$200.00 Sponsorship (includes a team of 4-6)

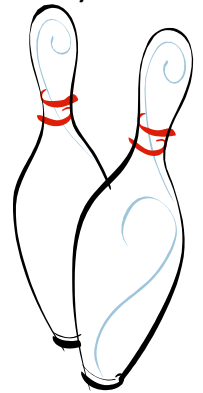
Please make checks payable to YSCDSG

Please arrive 30 minutes early for check in

Families & Individuals Welcome!

Twilight Bowl! Time: 7:00 p.m. — 9:00 p.m.

wear white to glow



For Questions, to purchase tickets, and to turn in entry forms please contact

YSCDSG

990 Klamath Ln, Suite 1 | Yuba City,

Office # 530-763-4171

Fax # 530-763-5227

OR

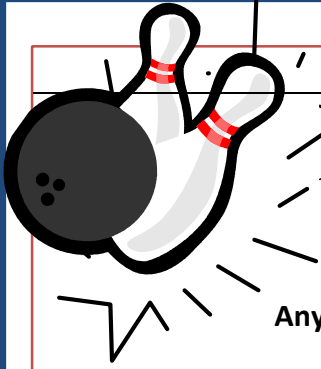
NU Generation Lanes & Lounge

876 W. Onstott Road | Yuba City, CA

www.nugenerationlanes.com

530-755-2600





Bowl Over Diabetes

Any questions? Please call the Yuba-Sutter Diabetes Support & Resource Center

Ouida or Jolena at 530-763-4171 or yscdsg2@comcast.net

Organization _____

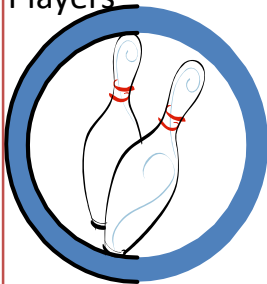
Team Name _____

Team Captain _____

Phone # _____

Email _____

Players



- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____

\$20 per Person

We will try our best to group teams together who want to bowl together.

Preference is given to early registrations!

“Spare” some time to Bowl!

This is a Twilight Bowl so plan to wear white to glow blue!



Yuba-Sutter Children's Type 1 Diabetes Support Group & Resource Center

Bowl Over Diabetes

The Yuba-Sutter Diabetes Support & Resource Center is a small non-profit organization that has been serving type 1 diabetic children in our community for thirteen years. Seven years ago we were able to open our Resource Center on Klamath Lane and since then we have been striving to reach every diabetic in our community so that no one has to face this disease alone. We provide education and outreach to Type 1 and Type 2 diabetics at no cost, including monthly diabetes classes, resources and referrals. Additionally, we attend health and community fairs to promote education and awareness throughout our community. Since everything we do is free, we greatly depend on support from individuals, businesses, and organizations in our community.

We are proud to be serving over 150 diabetics and their families in our community not including all the countless diabetics we help at employee presentations, health fairs, school presentations, and many other events. As part of our outreach we send as many diabetic children as possible to diabetic camp where they learn valuable disease self-management skills while having the chance to participate in fun activities in a safe and secure environment. We also work hard to eliminate discrimination against children with type 1 diabetes by debunking the myths about diabetes at all levels. We especially enjoy attending school health fairs so that we can teach children at an early age that 1) kids with type 1 didn't get it by not exercising, its genetic; 2) diabetics can have all the same foods that everyone else eats, they just have to count the carbohydrates; 3) diabetics can do all the same activities that others do, in fact several of our kids are involved in school sports, dance, and even bull riding; 4) Insulin, the crucial drug that type 1 diabetics depend on to stabilize their blood sugar, is **NOT** a cure. It is **LIFE SUPPORT** until we find a cure!

Diabetes effects all ages, sizes, and races. Today there are over 29.1 million children and adults that is over 9.3% of the population, dealing with diabetes on a daily basis. In addition to that there are over 86 million people in the United States who have been diagnosed with pre-diabetes. Pre-diabetes does still cause long-term complications if not properly managed, such as nerve damage, blindness, and kidney failure. If you are experiencing the signs and symptoms of diabetes such as frequent urination, extreme thirst, slow wound healing, or shakiness, please see your doctor right away. Much like other diseases, early detection and proper medical care are essential to increasing survival rate.

For more information on our group or resource center, please visit www.yscdsg.org or www.ysdrc.org

YSCDSG

990 Klamath lane

Suite 1

Yuba City, CA 95993

530-763-4171

Bowl Over Diabetes Event Coordinator

Ouida Wakefield—yscdsg@comcast.net